

CURRICULUM

For

Sportswear Stitcher

6-Months

Code:VI85S001

SCHEME OF STUDIES

Sports Wear Stitcher

Sr #	Modules	Theory Hours	Practical Hours	Total Hours
1	Take Order and Prepare for Job	20	70	90
2	Maintain Machine	20	70	90
3	Work on Various Stitching Machine	20	70	90
4	Work on Special Stitching Machine	30	140	170
5	Get the Final Piece Inspected	10	70	80
6	Adopt Safety Precautions	10	70	80
7	Develop Professionalism	20	70	90
8	Communication with others	10	70	80
9	Manage Time	20	10	30
TOTAL HOURS		160	640	800

Introduction

Overall objective of the Course

The objectives of this course are to:

- Acquire the operating skill and knowledge of Sports Wear Stitcher for industrial stitching machines alongwith minor maintenance of machine.
- Qualitative production of the garments.
- Produce skilled manpower for Sports Wear Industry in the field of Industrial Stitcher.
- Improve the level of skill of workers in industry and increase the economic potential of the country.
- Provide industry with workers whose scope with job knowledge and skills are identified.
- Assist in human resources development by providing precise and assessed country's skilled manpower quantitatively as well as qualitatively.
- Provide technical and vocational training which reflects the requirements of industry.

Competencies gained after completion of the course

At the end of the course, the trainee must be able to attain the following competencies.

- Take order and prepare for the job
- Maintain machine
- Work on various Stitching machine
- Work on Special Stitching machine
- Get the final piece inspected
- Adopt safety precautions
- Develop professionalism
- Communicate with others
- Work in a team
- Manage Time

Knowledge Proficiency Details

- On successful completion of course, the trainees must have acquired the following knowledge & skills:
- Knowledge of fabric color difference, hole, stain and other qualities issues.
- Know the minor faults of fabrics
- Knowledge of various garment panels i.e sleeves, collar, front side back side etc.
- Know about various accessories
- Types of threads
- Knowledge of SPI (stich per inch) and time and motion study.

Job Opportunities available immediately and in future

After completion of the training, candidates can find the employment opportunities in the following disciplines.

- Cottage Industry
- Self employment
- Garment Factories

Trainee entry level

- Middle

Medium of Instruction

- Urdu

Timeframe of assessment

Duration of Course	Six Months
Total Hours	800 hrs
Training Hours	640 hrs
Per Week Hours	40 hrs
Per Day Hours	07hrs (friday 05 hours only)
Training Methodology	Practical 80% Theory 20%

Overview about the program – Curriculum for Sports Wear Stitcher

Module Title & Aim	Learning units	Theory (hours)	Workplace (hours)	Total Hours
<p>Module 1: Take Order and Prepare for the Job</p> <p>Aim: This module deals with the skills and knowledge of taking order and preparibng for further implmentaqtion.</p>	<p>LU-1 Adjust Machine According to Job Keep the work place clean and organized</p> <p>LU-2 Arange Matrial According to job</p> <p>LU-3 Get Label's BarCode, CareLabel According to Job</p> <p>LU-4 Analze Master Sample in Detail Before Bulk Production.</p>	20	70	90
<p>Module 2: Maintain machine</p> <p>Aim: This module deals with the skills and knowledge of machine matinenence.</p>	<p>LU-1 Check Oil Machine</p> <p>LU-2 Cleacn Machine After Daily Work</p> <p>LU-3 Cover Machine After Work</p> <p>LU-4 Power of After Work.</p>	20	70	90
<p>Module 3: Work on Various Stitching machine</p> <p>Aim: This module deals with the skills and knowledge of working on various stitching machines</p>	<p>LU-1 Work on Lock Stitch Machine</p> <p>LU-2 Work On Over Lock Machine</p> <p>LU-3 Ajust Machine According to Article/Product</p>	20	70	90
<p>Module 4: Work on Special Stitching Machine</p>	<p>LU-1 Work On Flat Lock Machine</p>	30	140	170

<p>Aim: This module deals with the skills and knowledge of operating Special stitching Machines</p>	<p>LU-2 Work On Bar Take Machine</p> <p>LU-3 Work On Feed of Arm Machine</p> <p>LU-4 Work On Button Machine</p> <p>LU-5 Work On Button Hole Machine</p> <p>LU-6 Work On Zig Zag Machine</p> <p>LU-7 Work On Union Special Machine</p> <p>LU-8 Work On Safety Overlock Machine</p> <p>LU-9 Work On Belt 2 & 4 Needle Machine</p> <p>LU-10 Work On Eyelid Machine</p> <p>LU-11 Work On Insert Sealing Machine</p> <p>LU-12 Work On apply Sealing on Fabric Machine</p>			
<p>Module 5: Get The Final Piece Inspected</p> <p>Aim: This module deals with the skills and knowledge of the inspection of the final garment.</p>	<p>LU-1 Identify Fault From Stitched Garment</p> <p>LU-2 Correction Stitching Fault of The Garment</p> <p>LU-3 Submitted to QC Department Correct Piece</p> <p>LU-4 Confirm the Correctness Label and Bar Code</p> <p>LU-5 Cross Check of the completion the Article/Garment</p>	<p>10</p>	<p>70</p>	<p>80</p>

<p>Module 6: Adopt safety precautions</p> <p>Aim: This module deals with the skills and knowledge Safety Precautions</p>	<p>LU-1 Apply Personal Safety</p> <p>LU-2 Keep all safety devices in place</p> <p>LU-3 Apply Work Place Safety</p> <p>LU-4 . Apply safety for tools & equipment</p> <p>LU-5 Avoid smoking in stitching hall</p> <p>LU-6 . Adjust table height.</p>	<p>10</p>	<p>70</p>	<p>80</p>
<p>Module 7: Develop professionalism</p> <p>Aim: This module deals with the skills and knowledge of developing professionalism at workplace</p>	<p>LU-1 Keep his work place clean and organized</p> <p>LU-2 Maintain good working environment</p> <p>LU-3 Be punctual</p> <p>LU-4 Be well groome</p> <p>LU-5 Keep Peaceful and good Attitude with other workers and seniors</p>	<p>20</p>	<p>70</p>	<p>90</p>
<p>Module 8: Communicate with others</p> <p>Aim: This module deals with the skills and knowledge of effective communication with co-workers, supervisors etc</p>	<p>LU-1 Communicate with his supervisor</p> <p>LU-2 Communicate with his line checker</p> <p>LU-3 Communicate with merchandiser</p> <p>LU-4 Communicate with Production Dept</p>	<p>10</p>	<p>70</p>	<p>80</p>
<p>Module 9: Manage time</p>	<p>LU-1 Manage time to complete the assigned work</p>	<p>20</p>	<p>10</p>	<p>30</p>

<p>Aim: This module deals with the skills and knowledge of managing time effectively while working in an organization.</p>	<p>within the stipulated time frame</p> <p>LU-2 Manage work load as required by the management</p> <p>LU-3 Prioritize tasks in accordance with the importance of the tasks</p> <p>LU-4 Meet the specified deadlines</p> <p>LU-5 Handle the co-workers using effective time management</p>			
<p>Total Hours</p>	<p>160</p>	<p>640</p>	<p>800</p>	

Industrial Sports Wear Stitcher Curriculum Contents

Module 1 Title: Take order and prepare for the job

Objective of the Module: To get understanding of Job Article/Product detail.

Duration: 90 hours

**Theory: 20 hours
hours**

Practice: 70

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
LU-1 Adjust Machine According to Job	<p>Understand the general/minor Adjustment of machine i.e. oiling, needle replacement etc</p> <p>Able for general machine Adjustment and keeping accessories and machine parts well in place for smooth production</p>	<ul style="list-style-type: none"> Knowledge of the importance of keeping the machine operational , general/minor maintenance i.e. oiling, needle replacement etc Ability to keep the machine operational by doing general/minor maintenance 	15 hours	<ul style="list-style-type: none"> Workstation Cleaning material 	Workshop/workplace
LU-2 Arrange Martial According to job	<p>Understand the important Job Article</p> <p>Able to use as per Job order instruction.</p>	<p>Knowledge Product related Martial before stitching start</p> <p>Ability to use Martial as ;per asked point.</p>	25 hours	<ul style="list-style-type: none"> Workstation Cleaning material 	Workshop/workplace

<p>LU-3 get label and bar code according to article</p>	<p>Understand the job related Label's Bar Code.</p> <p>Able to keep and use of the Label's Bar Code Job article require</p>	<p>Knowledge Product related Label's and Bar code before stitching start</p> <p>Ability to use Label's and bar code as ;per asked point, belt cover etc</p>	<p>25 hours</p>	<ul style="list-style-type: none"> • Single needle lock stitch machine • Safety devices i.e. needle/eye guard, figure guard, belt cover etc • Needed tools 	<p>Workshop/ workplace</p>
<p>LU-4 Analyze master sample in detail</p>	<p>Understand the Job Article Master Sample in Detail of stitching, Work Able to Analyze Master Sample and make product as per approved sample and also per Job order instruction.</p>	<ul style="list-style-type: none"> • Knowledge Product related information Size and use Martial • Ability to make a good product as per master sample 	<p>25 hours</p>	<ul style="list-style-type: none"> • Workstation • Cleaning material 	<p>Workshop/ workplace</p>

Module 2 Title: Maintain machine

Objective of the Module: To get understanding of Maintain Stitching Machine.

Duration: 70 hours

**Theory: 20 hours
hours**

Practice: 90

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
LU-1 Oil the Machine	<p>Understand the general/minor maintenance of machine i.e. oiling, etc</p> <p>Able for general machine maintenance and keeping accessories and machine parts well in place for smooth production</p>	<ul style="list-style-type: none"> • Knowledge of the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc • Ability to keep the machine operational by doing general/minor maintenance 	15 hours	<ul style="list-style-type: none"> • Workstation • Cleaning material 	Workshop/workplace
LU-2 Change Machine Oil	<p>Understand the general/minor maintenance of machine i.e. Change Oil Time, etc</p> <p>Able for general machine maintenance and Machine Oil Change accessories and machine parts well in place for smooth production</p>	<ul style="list-style-type: none"> • Knowledge of the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc • Ability to keep the machine operational by doing general/min 	25 hours	<ul style="list-style-type: none"> • Workstation • Cleaning material 	Workshop/workplace

		or maintenanc e	25 hours		
LU-3 Cover Machine After Work	Understand the Machine Caring and safe machine from Dust etc. Able to keep covering on Daily Base.	<ul style="list-style-type: none"> • Knowledge of the importance of keeping the machine operational, general/min or maintenance i.e. oiling, needle replacement etc • Ability to keep the machine operational by doing general/min or maintenance 	25 Hours	<ul style="list-style-type: none"> • machine cover 	Workshop/workplac e
LU-4 Power Off Machine	Understand the Machine Power Off after Work etc. Able to keep Power Off Machine on Daily Base.	<ul style="list-style-type: none"> • Knowledge of the importance of keeping the machine operational, general/min or maintenance i.e. oiling, needle replacement etc • Ability to keep the machine operational by doing general/min or maintenance 	25 hours	<ul style="list-style-type: none"> • switch 	Workshop/workplac e

Module 3 Title: Work On Various Stitching Lock Stitch Machine

Objective of the Module: To get understanding of operating lock Stitch machine.

Duration: 90 hours

Theory: 20 hours
hours

Practice: 70

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
LU-1 Keep the work place clean and organized	<p>Understand the importance and benefits of clean and organized work environment for smooth operations.</p> <p>Able to clean and organize the working environment as per the required task to be completed</p>	<ul style="list-style-type: none"> Knowledge of the importance of clean working environment and organizing the task for smooth production . Ability to clean and organize the work environment to avoid any hazardous incident 	6 hours	<ul style="list-style-type: none"> Workstation Cleaning material 	Workshop/workplace
LU-2 Keep all safety devices (needle/eye guard, finger guard, and belt cover) in place	<p>Understand the importance of safety on workstation and usage of the safety devices to avoid any hazardous incident.</p> <p>Able to keep and use of the safety devices i.e. needle/eye guard, belt cover etc</p>	<ul style="list-style-type: none"> Knowledge of the importance of the safety devices and their usage while working on a machine. Ability to keep and adjust the safety devices on machine i.e. needle/eye guard, belt cover 	6 hours	<ul style="list-style-type: none"> Single needle lock stitch machine Safety devices i.e. needle/eye guard, figure guard, belt cover etc Needed tools 	Workshop/workplace
LU-3 Keep	Understand				

the machine operational	<p>the general/minor maintenance of machine i.e. oiling, needle replacement etc</p> <p>Able for general machine maintenance and keeping accessories and machine parts well in place for smooth production</p>	<p>etc</p> <ul style="list-style-type: none"> • Knowledge of the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc • Ability to keep the machine operational by doing general/minor maintenance 	8 hours	<ul style="list-style-type: none"> • Single needle lockstitch machine • Needed tools(Screw driver) • Oil • Needles 	Workshop/workplace
LU-4 Set up machine threading according to the manufacturer's threading diagram	<p>Understand the different thread types and threading technique from bobbin to needle as per the manufacturer's threading diagram</p> <p>Able to set up the thread in machine at required thread tension to start the production</p>	<ul style="list-style-type: none"> • Knowledge of different types of thread, threading technique, setting of thread tension, as per the manufacturer's threading diagram. • Ability to set up machine threading by adjusting the thread tension. 		<ul style="list-style-type: none"> • Single needle lock stitch machine • Different types of threads • Manufacturer's threading diagram 	Workshop/workplace
LU-5 Adjust bobbin and thread	Understand the function	<ul style="list-style-type: none"> • Knowledge of the 	6 hours	<ul style="list-style-type: none"> • Single needle lock stitch 	Workshop/workplace

tensions	<p>of bobbin, its placement and adjustment of the thread tension as per the requirement</p> <p>Able to fill the bobbin with thread, its placement adjustment of the thread tension as per the production requirement</p>	<p>function of the bobbin, its placement and adjustment of the thread tension as per the requirement.</p> <ul style="list-style-type: none"> • Ability to adjustment of the bobbin and thread tension accordingly. 		<ul style="list-style-type: none"> • machine Thread 	
LU-6 Operate the sewing machine to sew the garment parts	<p>Understand the on/off button of machine and how the operate the machine to stitch the garments panels.</p> <p>Able to adjust operate the machine to sew the garment panel in the production process.</p>	<ul style="list-style-type: none"> • Knowledge of the on/off button and how to operate the machine for sewing of the garments parts. • Ability to operate sewing machine to sew the garment parts in the production process 	6 hours	<ul style="list-style-type: none"> • Single needle lock stitch machine • Thread • Garment panel 	Workshop/workplace
LU-7 Document work done accurately and as required	<p>Understand the importance of recording the information for smooth</p>	<ul style="list-style-type: none"> • Knowledge of recoding of production update 	6 hours	<ul style="list-style-type: none"> • Record register 	Workshop/workplace

	<p>production outputs</p> <p>Able to record information e.g. panel detail, operator name, machine number, date , shift (A or B), on manual register</p>	<ul style="list-style-type: none"> Ability to record production information i.e. garment panel detail, operator name, machine number etc 			
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Module 3 Title: Work On Various Stitching Over Lock Machine

Objective of the Module: To get understanding of operating over lock machine

Duration: 90 hours

Theory: 20 hours

Practice: 70

hours

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
LU-1 Keep the work place clean and organized	<p>Understand the importance and benefits of clean and organized work environment for smooth operations.</p> <p>Able to clean and organize the working environment as per the required task to be completed</p>	<ul style="list-style-type: none"> Knowledge of the importance of clean working environment and organizing the task for smooth production Ability to clean and organize the work environment to avoid any hazardous incident 	6 hours	<ul style="list-style-type: none"> Workstation Cleaning material 	Workshop/workplace
LU-2 Keep all safety devices	Understand the importance	<ul style="list-style-type: none"> Knowledge of the importance 	6 hours	<ul style="list-style-type: none"> Overlock machine Safety devices i.e. 	Workshop/workplace

<p>(needle/eye guard, finger guard, and belt cover) in place</p>	<p>of safety on workstation and usage of the safety devices to avoid any hazardous incident.</p> <p>Able to keep and use of the safety devices i.e. needle/eye guard, belt cover etc</p>	<p>of the safety devices and their usage while working on a machine.</p> <ul style="list-style-type: none"> • Ability to keep and adjust the safety devices on machine i.e. needle/eye guard, belt cover etc 		<p>needle/eye guard, figure guard, belt cover etc</p> <ul style="list-style-type: none"> • Needed tools 	
<p>LU-3 Keep the overlock machine operational</p>	<p>Understand the general/minor maintenance of machine i.e. oiling, needle, cutter adjustment etc</p> <p>Able for general machine maintenance and keeping accessories and machine parts well in place for smooth production</p>	<ul style="list-style-type: none"> • Knowledge of the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement, cutter adjustment • Ability to keep the machine operational by doing general/minor maintenance and keeping accessories and machine parts well 	<p>6 hours</p>	<ul style="list-style-type: none"> • Overlock machine • Needed tools • Oil • Needles (alky, screw driver) 	

		in place			
LU-4 Set up overlock machine threading according to the manufacturer's threading diagram	<p>Understand the different thread types and threading technique as per the manufacturer's threading diagram</p> <p>Able to set up the thread in machine at required thread tension to start the production</p>	<ul style="list-style-type: none"> • Knowledge of different types of thread, threading technique, setting of thread tension, as per the manufacturer's threading diagram. • Ability to set up machine threading by adjusting the thread tension. 	8 hours	<ul style="list-style-type: none"> • Overlock machine • Different types of threads • Manufacturer's threading diagram 	Workshop/workplace
LU-5 Use three and four thread over-lock machines on knit fabric as required	<p>Understand the three and four thread machine operations for sewing of side seams, arm hole and shoulder operations in knitted garments.</p> <p>Able to sew the knitted garments by using three thread and four thread overlock machine for production</p>	<ul style="list-style-type: none"> • Knowledge of the three and four threads operations of safety over lock machines for sewing of the side seam, arm hole attachment and shoulders of a knitted garment • Ability to use three threads and four threads over lock machine 	6 hours	<ul style="list-style-type: none"> • Over lock machine • Different types of thread • knit fabric garment panel 	Workshop/workplace

		on knitted fabric.			
LU-6 Use five thread over-lock machines on woven fabric	<p>Understand the five thread operation of over lock for sewing of the woven fabric.</p> <p>Able to use five thread over lock machine for sewing of the woven fabric</p>	<ul style="list-style-type: none"> • Knowledge of five threads operation of over lock for sewing of the woven fabric. • Ability to operate five thread over lock machine for sewing of the woven fabric. 	6 hours	<ul style="list-style-type: none"> • Over lock machine • Different types of thread • woven fabric garment panel 	Workshop/workplace
LU-7 Document work done accurately and as required	<p>Understand the importance of recording the information for smooth production outputs</p> <p>Able to record information e.g. panel detail, operator name, machine number, date , shift (A or B), on manual register</p>	<ul style="list-style-type: none"> • Knowledge of recording of production update • Ability to record production information i.e. garment panel detail, operator name, machine number etc 	6 hours	<ul style="list-style-type: none"> • Record register 	Workshop/workplace

Module 4 Title: Work on Special Machine flat lock machine

Objective of the Module: To learn how to operate flat lock machine

Duration: 170 hours
hours

Theory: 30 hours

Practice: 140

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
LU-1 Keep the work place clean and organized	<p>Understand the importance and benefits of clean and organized work environment for smooth operations.</p> <p>Able to clean and organize the working environment as per the required task to be completed</p>	<ul style="list-style-type: none"> • Knowledge of the importance of clean working environment and organizing the task for smooth production . • Ability to clean and organize the work environment to avoid any hazardous incident 	3 hours	<ul style="list-style-type: none"> • Workstation • Cleaning material 	Workshop/workplace
LU-2 Keep all safety devices in place	<p>Understand the importance of safety on workstation and usage of the safety devices to avoid any hazardous incident.</p> <p>Able to keep and use of the safety devices i.e. needle/eye guard, belt cover etc</p>	<ul style="list-style-type: none"> • Knowledge of the importance of the safety devices and their usage while working on a machine. • Ability to keep and adjust the safety devices on machine i.e. needle/eye guard, belt cover 	4 hours	<ul style="list-style-type: none"> • Flat lock stitch machine • Safety devices i.e. needle/eye guard, figure guard, belt cover etc • Needed tools 	Workshop/workplace

		etc			
LU-3 Keep the flat lock machine operational	<p>Understand the general/minor maintenance of machine i.e. oiling, needle replacement etc and keeping all the required accessories and machine parts well in place.</p> <p>Able for general machine maintenance and keeping accessories and machine parts well in place for smooth production</p>	<ul style="list-style-type: none"> • Knowledge of the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc and keeping accessories and machine parts well in place. • Ability to keep the machine operational by doing general/minor maintenance and keeping accessories and machine parts well in place 	4 hours	<ul style="list-style-type: none"> • Flat lock stitch machine • Needed tools • Oil • Needles (alky) 	Workshop/workplace
LU-4 Set up machine threading according to the manufacturer's threading diagram	Understand the different thread types and threading technique from bobbin to needle as per the manufacturer's threading	<ul style="list-style-type: none"> • Knowledge of different types of thread, threading technique, setting of thread tension, as per the 	4 hours	<ul style="list-style-type: none"> • Flat lock machine • Different types of threads • Manufacturer's threading diagram 	Workshop/workplace

	<p>diagram</p> <p>Able to set up the thread in machine at required thread tension to start the production</p>	<p>manufacturers threading diagram.</p> <ul style="list-style-type: none"> • Ability to set up machine threading by adjusting the thread tension. 			
<p>LU-5 Produce evenly spaced lines of stitching on either side of a seam</p>	<p>Understand to sew a garment panel with evenly spaced lines by using flat lock machine</p> <p>Able to sew a garment panel with evenly spaced lines by using flat lock machine</p>	<ul style="list-style-type: none"> • Knowledge of evenly spaced lines on a knitted fabric through flat lock machine • Ability to sew a garment panel with evenly spaced lines by using flat lock machine 	<p>4 hours</p>	<ul style="list-style-type: none"> • Flat lock machine • Thread • Garment panel 	<p>Workshop/workplace</p>
<p>LU-6 Hem garments (sleeves, bottoms) without excessive raw edges</p>	<p>Understand the hemming of the knitted garment i.e. bottom and sleeves without the excessive raw edges</p> <p>Able to operate flat lock machine to hem the sleeves, bottom etc</p>	<ul style="list-style-type: none"> • Knowledge of hemming of the knitted garment i.e. bottom and sleeves without the excessive raw edges • Ability to operate flat lock 	<p>4 hours</p>	<ul style="list-style-type: none"> • Flat lock machine • Thread • Garment panels 	<p>Workshop/workplace</p>

	without excessive raw edges	machine to hem the sleeves, bottom etc without excessive raw edges			
LU-7 Make belt loops through a folder for trouser	<p>Understands making of belt loop by using folders for trouser accurately and with in targeted operation time</p> <p>Able to make belt loops by using folder on flat lock machine</p>	<ul style="list-style-type: none"> • Knowledge of making belt loop by using folders for trouser accurately and with in targeted operation time • Ability to sew belt loops by using folders on flat lock machine. 	4 hours	<ul style="list-style-type: none"> • Flat lock machine • Thread • Garment panels • Folders • Needed tools(alky) 	Workshop/workplace
LU-8 Adjust folders and guides to achieve desired results	<p>Understand the function and importance of the folders and guides to achieve and increase the production process.</p> <p>Able to adjust folders and guides to achieve desired results.</p>	<ul style="list-style-type: none"> • Knowledge of functions and importance of the folders and guides to achieve and increase the production process. • Ability to adjust folders and guides to achieve desired results. 	4 hours	<ul style="list-style-type: none"> • Flat lock machine • Folders • Garment panels • Thread • Needed tools(alky) 	Workshop/workplace

<p>LU-9 Document work done accurately and as required</p>	<p>Understand the importance of recording the information for smooth production outputs</p> <p>Able to record information e.g. panel detail, operator name, machine number, date , shift (A or B), on manual register</p>	<ul style="list-style-type: none"> • Knowledge of recoding of production update • Ability to record production information i.e. garment panel detail, operator name, machine number etc 	<p>4 hours</p>	<ul style="list-style-type: none"> • Record register 	<p>Workshop/workplace</p>
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Module 4 Title: Work on Special feed-of-the-arm machine

Objective of the Module: To get the knowledge of operating feed-of-the-arm machine

Duration: 170 hours

Theory: 30 hours

Practice: 140 hours

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
<p>LU-1 Keep the workplace clean and organized</p>	<p>Understand the importance and benefits of clean and organized work environment for smooth operations.</p> <p>Able to clean and organize the working</p>	<ul style="list-style-type: none"> • Knowledge of the importance of clean working environment and organizing the task for smooth production • Ability to 	<p>3 hours</p>	<ul style="list-style-type: none"> • Workstation Cleaning material 	<p>Workshop/workplace</p>

	environment as per the required task to be completed	clean and organize the work environment to avoid any hazardous incident			
LU-2 Keep all safety devices in place	<p>Understand the importance of safety on workstation and usage of the safety devices to avoid any hazardous incident.</p> <p>Able to keep and use of the safety devices i.e. needle/eye guard, belt cover etc</p>	<ul style="list-style-type: none"> Explain the Knowledge of the importance of the safety devices and their usage while working on a machine. Ability to keep and adjust the safety devices on machine i.e. needle/eye guard, belt cover etc 	4 hours	<ul style="list-style-type: none"> Feed-of-the-arm machine Safety devices i.e. needle/eye guard, figure guard, belt cover etc Needed tools(alky and screw driver) 	Workshop/workplace
LU-3 Keep the feed-of-the-arm machine operational	<p>Understand the general/minor maintenance of machine i.e. oiling, needle replacement etc and keeping all the required accessories and machine parts well in place.</p> <p>Able for</p>	<ul style="list-style-type: none"> Knowledge of the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc and keeping accessories 	4 hours	<ul style="list-style-type: none"> Feed-of-the-arm machine Needed tools Oil Needles (Alky, screw driver) 	Workshop/workplace

	<p>general machine maintenance and keeping accessories and machine parts well in place for smooth production</p>	<p>s and machine parts well in place.</p> <ul style="list-style-type: none"> • Ability to keep the machine operational by doing general/minor maintenance and keeping accessories and machine parts well in place 			
<p>LU-4 Set up machine threading according to the manufacturer's threading diagram</p>	<p>Understand the different thread types and threading technique as per the manufacturer's threading diagram</p> <p>Able to set up the thread in machine at required thread tension to start the production</p>	<ul style="list-style-type: none"> • Knowledge of different types of thread, threading technique, setting of thread tension, as per the manufacturer's threading diagram. • Ability to set up machine threading by adjusting the thread tension. 	<p>4 hours</p>	<ul style="list-style-type: none"> • Feed-of-the-arm machine • Different types of threads • Manufacturer's threading diagram 	<p>Workshop/workplace</p>
<p>LU-5 Do basic adjustment on machines</p>	<p>Understand the basic adjustment of the machine i.e. folder adjustment (tape/felled</p>	<ul style="list-style-type: none"> • Knowledge of basic adjustment of the machine i.e. folder adjustment 	<p>4 hours</p>	<ul style="list-style-type: none"> • Feed-of-the-arm machine • Needed tools(crew driver, alky) 	<p>Workshop/workplace</p>

	seam) Able to perform basic adjustment on machine	(tape/felled seam) • Ability to perform basic adjustments on machine.			
LU-6 Handle fabric in the folder to produce clean secure felled seams	Understands the handling of the fabric in the attached folder to produce clean, secure felled seams without raw edges. Able to handle fabric in the folders to produce clean and secure felled seams	<ul style="list-style-type: none"> • Knowledge of handling of the fabric in the attached folder to produce clean, secure felled seams without raw edges. • Ability to handle fabric in the folders to produce clean and secure felled seams 	4 hours	<ul style="list-style-type: none"> • Feed-of-the-arm machine • Garment panel • Folders 	Workshop/workplace
LU-7 Attach tape using the folder	Understand the function of folder and correct adjustment of the folder to attach tape Able to attaché tape using the folder	<ul style="list-style-type: none"> • Knowledge of function of folder, correct adjustment of the folder to attach tape • Ability to attach tape using the correct folder 	4 hours	<ul style="list-style-type: none"> • Feed-of-the-arm machine • Tape • Folder • Needed tools 	Workshop/workplace

<p>LU-8 Document work done accurately and as required</p>	<p>Understand the importance of recording the information for smooth production outputs</p> <p>Able to record information e.g. panel detail, operator name, machine number, date , shift (A or B), on manual register</p>	<ul style="list-style-type: none"> • Knowledge of recoding of production update • Ability to record production information i.e. garment panel detail, operator name, machine number etc 	<p>4 hours</p>	<ul style="list-style-type: none"> • Record register 	<p>Workshop/workplace</p>
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Module 4 Title: Work on Special bar teck machine

Objective of the Module: To get knowledge of operating bar teck machine

Duration: 170 hours

Theory: 30 hours

Practice: 140 hours

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
<p>LU-1 Keep the work place clean and organized</p>	<p>Understand the importance and benefits of clean and organized work environment for smooth operations.</p> <p>Able to clean and organize the working environment as per the</p>	<ul style="list-style-type: none"> • Knowledge of the importance of clean working environment and organizing the task for smooth production • Ability to clean and organize the work 	<p>3 hours</p>	<ul style="list-style-type: none"> • Workstation • Cleaning material 	<p>Workshop/workplace</p>

	required task to be completed	environment to avoid any hazardous incident			
LU-2 Keep all safety devices in place	<p>Understand the importance of safety on workstation and usage of the safety devices to avoid any hazardous incident.</p> <p>Able to keep and use of the safety devices i.e. needle/eye guard, belt cover etc</p>	<ul style="list-style-type: none"> Knowledge of the importance of the safety devices and their usage while working on a machine. <p>Ability to keep and adjust the safety devices on machine i.e. needle/eye guard, belt cover etc</p>	4 hours	<ul style="list-style-type: none"> Bar teck machine Safety devices i.e. needle/eye guard, figure guard, belt cover etc Needed tools(crew driver, alky) 	Workshop/workplace
LU-3 Keep the machine operational	<p>Understand the general/minor maintenance of machine i.e. oiling, needle replacement etc</p> <p>Able for general machine maintenance for smooth production</p>	<ul style="list-style-type: none"> Knowledge of the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc Ability to keep the machine operational 	4 hours	<ul style="list-style-type: none"> Bar teck machine Needed tools Oil Needles Needed tools(screw driver, alky) 	Workshop/workplace

		l by doing general/minor maintenance			
LU-4 Set up machine threading according to the manufacturer's threading diagram	<p>Understand the different thread types and threading technique as per the manufacturer's threading diagram</p> <p>Able to set up the thread in machine at required thread tension to start the production</p>	<ul style="list-style-type: none"> • Knowledge of thread types, threading technique, setting of thread tension, as per the manufacturer's threading diagram. • Ability to set up machine threading by adjusting the thread tension. 	4 hours	<ul style="list-style-type: none"> • Bar teck machine • Different types of threads • Manufacturer's threading diagram 	Workshop/workplace
LU-5 Sew bar teck to the required quality, where required on the garments	<p>Understand the sewing of the bar teck to the required quality of the sewing operation</p> <p>Able to sew bar teck to the required quality and at a required location on the garments</p>	<ul style="list-style-type: none"> • Knowledge of sewing of the bar teck to the required quality of the sewing operation • Ability to sew bar teck to the required quality and at a required location on the garments 	4 hours	<ul style="list-style-type: none"> • Bar teck machine • Garment panel • Thread 	Workshop/workplace
LU-6 Adjust bobbin, thread	Understand the function of the	<ul style="list-style-type: none"> • Knowledge of 	4 hours	<ul style="list-style-type: none"> • Bar tack machine • Thread 	Workshop/workplace

<p>tension to remove insecure stitch</p>	<p>bobbin and thread tension as per the requirement .</p> <p>Able to adjust bobbin thread tension to remove insecure stitch</p>	<p>function of the bobbin and thread tension as per the requirement.</p> <ul style="list-style-type: none"> • Ability to adjust bobbin, thread tension to remove insecure stitches 			
<p>LU-7 Document work done accurately and as required</p>	<p>Understand the importance of recording the information for smooth production outputs</p> <p>Able to record information e.g. panel detail, operator name, machine number, date , shift (A or B), on manual register</p>	<ul style="list-style-type: none"> • Knowledge of recoding of production update • Ability to record production information i.e. garment panel detail, operator name, machine number etc 	<p>4 hours</p>	<ul style="list-style-type: none"> • Record register 	<p>Workshop/workplace</p>

Module 4 Title: Work on Special 2&4 Needle Belt (concise) machine

Objective of the Module: To get the knowledge of operating concise machine

Duration: 170 hours

Theory: 30 hours

Practice: 140

hours

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
<p>LU-1 Keep the work place clean and organized</p>	<p>Understand the importance and benefits of clean and organized work environment for smooth operations.</p> <p>Able to clean and organize the working environment as per the required task to be completed</p>	<ul style="list-style-type: none"> • Knowledge of the importance of clean working environment and organizing the task for smooth production • Ability to clean and organize the work environment to avoid any hazardous incident 	<p>3 hours</p>	<ul style="list-style-type: none"> • Workstation • Cleaning material 	<p>Workshop/workplace</p>
<p>LU-2 Keep all safety devices in place</p>	<p>Understand the importance of safety on workstation and usage of the safety devices to avoid any hazardous incident.</p> <p>Able to keep and use of the safety devices i.e. needle/eye guard, belt</p>	<ul style="list-style-type: none"> • Knowledge of the importance of the safety devices and their usage while working on a machine. • Ability to keep and adjust the safety devices on machine i.e. 	<p>4 hours</p>	<ul style="list-style-type: none"> • Single needle lock stitch machine • Safety devices i.e. needle/eye guard, figure guard, belt cover etc • Needed tools (alkey, screw driver) 	<p>Workshop/workplace</p>

	cover etc	needle/eye guard, belt cover etc			
LU-3 Keep the machine operational	<p>Understand the general/minor maintenance of machine i.e. oiling, needle replacement etc</p> <p>Able for general machine maintenance for smooth production</p>	<ul style="list-style-type: none"> • Knowledge of the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc • Ability to keep the machine operational by doing general/minor maintenance 	4 hours	<ul style="list-style-type: none"> • Concise machine Needed tools • Oil • Needles • Needed tools(screw driver, alky) 	Workshop/workplace
LU-4 Set up machine threading according to the manufacturer's threading diagram	<p>Understand the different thread types and threading technique from looper to needle as per the manufacturer's threading diagram</p> <p>Able to set up the thread in machine at required</p>	<ul style="list-style-type: none"> • Knowledge of different types of thread, threading technique, setting of thread tension, as per the manufacturers threading diagram. • Ability to setting up 	4 hours	<ul style="list-style-type: none"> • Concise machine • Different types of threads • Manufacturer's threading diagram 	Workshop/workplace

	thread tension to start the production	of threading of machine by adjusting the thread tension.			
LU-4 Attach Waist Belt (elasticized)	<p>Understand the waist belt attachment operation of machine</p> <p>Able to attach waist belt on concise machine</p>	<ul style="list-style-type: none"> • Knowledge of the waist belt attachment operation of machine • Ability to attach waist belt on concise machine 	4 hours	<ul style="list-style-type: none"> • Concise machine • Waist belt 	Workshop/workplace
LU-6 Document work done accurately and as required	<p>Understand the importance of recording the information for smooth production outputs</p> <p>Able to record information e.g. panel detail, operator name, machine number, date, shift (A or B), on manual register</p>	<ul style="list-style-type: none"> • Knowledge of recording of production update • Ability to record production information i.e. garment panel detail, operator name, machine number etc 	4 hours	<ul style="list-style-type: none"> • Record register 	Workshop/workplace

Module 4 Title: Work on Special button hole machine

Objective of the Module: To get the knowledge of operating button hole machine

Duration: 170 hours

Theory: 30 hours

Practice: 140 hours

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
LU-1 Keep the work place clean and organized	Understand the importance and benefits of clean and organized work environment for smooth operations. Able to clean and organize the working environment as per the required task to be completed	<ul style="list-style-type: none"> Knowledge of the importance of clean working environment and organizing the task for smooth production. Ability to clean and organize the work environment to avoid any hazardous incident 	3 hours	<ul style="list-style-type: none"> Workstation Cleaning material 	Workshop/workplace
LU-2 Keep all safety devices in place	Understand the importance of safety on workstation and usage of the safety devices to avoid any hazardous incident. Able to keep and use of the safety devices i.e. needle/eye	<ul style="list-style-type: none"> Knowledge of the importance of the safety devices and their usage while working on a machine. Ability to keep and adjust the safety devices on machine i.e. needle/eye guard, belt cover etc 	4 hours	<ul style="list-style-type: none"> Button hole machine Safety devices i.e. needle/eye guard, figure guard, belt cover etc Needed tools 	Workshop/workplace

	guard, belt cover etc				
LU-3 Keep the button hole machine operational	<p>Understand the general/minor maintenance of machine</p> <p>Able for general machine maintenance for smooth production</p>	<ul style="list-style-type: none"> • Knowledge of the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc • Ability to keep the machine operational by doing general/minor maintenance 	4 hours	<ul style="list-style-type: none"> • Button hole machine • Needed tools • Oil • Needles (alky) 	Workshop/workplace
LU-4 Adjust machines with all attachments and accessories	<p>Understand the adjustment of machine with all attachments and accessories</p> <p>Able to adjust machine with all attachments and accessories</p>	<ul style="list-style-type: none"> • Knowledge of adjustment of machine with all attachments and accessories i.e. knife etc • Ability to adjust machine with all attachments and accessories 	4 hours	<ul style="list-style-type: none"> • Button hole machine • Needed tools(alky) • Accessories 	Workshop/workplace
LU-5 Sew button holes of correct size and at the required location of	Understand the sewing of the button holes of correct size and at the required	<ul style="list-style-type: none"> • Knowledge of sewing of the button holes of correct size and at the required location of 	4 hours	<ul style="list-style-type: none"> • Button hole machine • Thread • Garment panel 	Workshop/workplace

the garment	<p>location of the garment</p> <p>Ability to sew button holes of correct size and at a required location</p>	<ul style="list-style-type: none"> the garment Ability to sew button holes of correct size and at a required location. 			
LU-6 Use appropriate size of knife for the desired size of button hole	<p>Understand the different sizes of knives for desired button hole at the identified location on the garment</p> <p>Able to use appropriate size of knife for the desired size of button hole</p>	<ul style="list-style-type: none"> Demonstrate the sizes of different knives for desired button hole at the identified location on the garment Ability to use appropriate size of knife for the desired size of button hole 	4 hours	<ul style="list-style-type: none"> Button hole machine 	Workshop/workplace
LU-7 Document work done accurately and as required	<p>Understand the importance of recording the information for smooth production outputs</p> <p>Able to record information e.g. panel detail, operator name, machine number, date, shift (A or B), on manual register</p>	<ul style="list-style-type: none"> Knowledge of recording of production update Ability to record production information i.e. garment panel detail, operator name, machine number etc 	4 hours	<ul style="list-style-type: none"> Document register 	Workshop/workplace

Module 4 Title: Work on Special button attaching machine

Objective of the Module: To get the knowledge of operating button attaching machine

Duration: 170 hours

Theory: 30 hours

Practice: 140 hours

hours

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
LU-1 Keep the work place clean and organized	Understand the importance and benefits of clean and organized work environment for smooth operations. Able to clean and organize the working environment as per the required task to be completed	<ul style="list-style-type: none"> Knowledge of the importance of clean working environment and organizing the task for smooth production. Ability to clean and organize the work environment to avoid any hazardous incident 	3 hours	<ul style="list-style-type: none"> Workstation Cleaning material 	Workshop/workplace
LU-2 Keep all safety devices in place	Understand the importance of safety on workstation and usage of the safety devices to avoid any hazardous incident. Able to keep and use of the safety devices i.e. needle/eye	<ul style="list-style-type: none"> Knowledge of the importance of the safety devices and their usage while working on a machine. Ability to keep and adjust the safety devices on machine i.e. needle/eye guard, belt cover etc 	4 hours	<ul style="list-style-type: none"> Button attaching machine Safety devices i.e. needle/eye guard, figure guard, belt cover etc Needed tools 	Workshop/workplace

	guard, belt cover etc				
LU-3 Keep the button attaching machine operational	<p>Understand the general/minor maintenance of machine i.e. oiling, needle replacement</p> <p>Able for general machine maintenance for smooth production</p>	<ul style="list-style-type: none"> • Knowledge of the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc. • Ability to keep the machine operational by doing general/minor maintenance 	4 hours	<ul style="list-style-type: none"> • Button hole machine • Safety devices i.e. needle/eye guard, figure guard, belt cover etc • Needed tools (alky) 	Workshop/workplace
LU-4 Adjust machine to hole and four hole buttons	<p>Understand the adjustment of machine to hole and four hole of buttons e.g. thread tension</p> <p>Able to adjust machine to hole and four hole buttons</p>	<ul style="list-style-type: none"> • Demonstrate the adjustment of machine for hole and four hole of buttons e.g. thread tension • Ability to adjust machine to hole and four hole buttons 	4 hours	<ul style="list-style-type: none"> • Button attach machine • Different types of threads • Manufacturer's threading diagram 	Workshop/workplace
LU-5 Adjust machine for different sizes of button	<p>Understand the adjustment of gauge clutch for different sizes of the button</p> <p>Recognize</p>	<ul style="list-style-type: none"> • Knowledge of adjustment of gauge clutch for different sizes of the button • Ability to 	4 hours	<ul style="list-style-type: none"> • Button attach machine • Different sizes of buttons 	Workshop/workplace

	different sizes of buttons and adjustment of machine accordingly	recognize differ sizes of buttons and adjustment of machine accordingly			
LU-6 Attach button where required	Understand the attaching of the button on required position of the garment Able to attach button on the required position of garment	<ul style="list-style-type: none"> • Knowledge of attaching of the button on required position of the garment • Ability to attach button where required on the garment 	4 hours	<ul style="list-style-type: none"> • Button attaching machine • Different sizes of buttons 	Workshop/workpl ace
LU-7 Docume nt work done accuratel y and as required	Understand the importance of recording the information for smooth production outputs Able to record information e.g. panel detail, operator name, machine number, date , shift (A or B), on manual register	<ul style="list-style-type: none"> • Knowledge of recoding of production update • Ability to record production information i.e. garment panel detail, operator name, machine number etc 	4 hours	<ul style="list-style-type: none"> • Record register 	Workshop/workpl ace

Module 5 Title: Get Final Piece Inspected

Objective of the Module: To be able Get Fault from Final Piece

Duration: 80 hours

Theory: 10 hours

Practice: 70

hours

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
LU-1 Identify fault	Understand the Garment Quality Issues	<ul style="list-style-type: none"> Explain Quality issues work man shape, size and other fault of garment. 	16 hours	<ul style="list-style-type: none"> Handouts Case studies Role play sheets Activity sheets 	Classroom
LU-2 Correction of faults	Understand the problem solving and conflict resolution techniques Able to Faults Stitching Correction	<ul style="list-style-type: none"> Explain Faults correction. 	16 hours		Classroom
LU-3 Submit corrected piece	Understand submit Corrected piece to QC Dept/head stitching dept Able to respect QC. Dept	<ul style="list-style-type: none"> Explain about ethical standards and social norms which working in a factory 	16 hours		Classroom
LU-4 Conform the correctness of label and bar code	Able to understand the job Label's and Bar Code etc. Able to Follow Label's and Bar Code Instruction	<ul style="list-style-type: none"> Explain for Label's and Bar code detail. 	16 hours		Classroom
LU-5 Cross check the completion	Able to Finish product Quality	<ul style="list-style-type: none"> Explain Quality Parameter. 	16 hours		Classroom

of the article	In detail.				
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Module 6 Title: Adopt Safety Precautions

Objective of the Module: To be able to adopt Safety Precautions

Duration: 80 hours
hours

Theory: 10 hours

Practice: 70

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
LU-1 Apply Personal Safety By Using the Safety Gloves	Understand and apply the principles of safety practices in a company and adopt at time	<ul style="list-style-type: none"> • Explain safety using elements with practices working at a station 	20 hours	<ul style="list-style-type: none"> • Handouts • Case studies • Role play sheets • Activity sheets 	Classroom
LU-2 Apply workplace safety requirements	Recognize and explain workplace safety and security requirements	<ul style="list-style-type: none"> • Explain and demonstrate workplace health, safety and security requirements 	20 hours		Classroom
LU-3 Apply Safety Tools & Equipment	Understand Safety tools and Equipment in Factory and basic trainee for using	<ul style="list-style-type: none"> • Explain about safety Equipment 	20 hours		Classroom
LU-4 Apply Safety Environment Nonsmoking in stitching Hall	Understand and apply the safety environment and follow instruction for safety in factory	<ul style="list-style-type: none"> • Demonstrate to deal with the hazardous or emergency situations 	20 hours		Classroom

Module 7 Title: Develop professionalism

Objective of the Module: To be able to adopt professional approach while working in a factory

Duration: 90 hours

Theory: 20 hours

Practice: 70 hours

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
<ul style="list-style-type: none"> LU-1&2 Maintain Good Working Environment 	<p>Understand the Working Environment Policy</p> <p>Able Maintain Good Working Environment</p>	<ul style="list-style-type: none"> Knowledge of Environment and professional Worker/Stitcher Ability to Adopt and maintain good Working Environment 	18 hours	Handouts	Classroom
<ul style="list-style-type: none"> LU-3&4 Be Punctual, Well Groom 	<p>Understand the factory Timing</p> <p>Able to Punctual in working timing</p>	<ul style="list-style-type: none"> Explain and Time waist effective/loses 	18 hours	Handouts	Classroom
<ul style="list-style-type: none"> LU-5 Peaceful and good attitude with other worker and seniors experts 	<p>Able to take guidance from experts / seniors</p>	<ul style="list-style-type: none"> Explain how to take guidance from experts/seniors 	18 hours	Handouts	Classroom
<ul style="list-style-type: none"> LU-6 Participate in skill test/ competition 	<p>Understand the importance of the skill test for future growth/career</p> <p>Able to participate in skill test/ competition</p>	<ul style="list-style-type: none"> Explain the importance of evaluation by skill test/competition for further training and development 	18 hours	Handouts	Classroom

Module 8 Title: Communicate with co-workers

Objective of the Module: To be able to communicate with co-workers effectively

Duration: 80 hours

Theory: 10 hours

Practice: 70 hours

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
LU-1,2 Communication and behavior with co-workers and his supervisor	Understand the concept of effective communication and conducive behavior with co-workers, line checker and supervisor.	<ul style="list-style-type: none"> Explain about communication channels and its importance for conducive behavior with co-workers 	20 hours	<ul style="list-style-type: none"> Handouts Case studies Role play sheets Activity sheets 	Classroom
LU-3 Communicate with merchandiser	Understand and interpret work related instructions accurately as required	<ul style="list-style-type: none"> Explain work related instruction correctly 	20 hours		Classroom
<ul style="list-style-type: none"> LU-4 Communicate with R&D Dept 	Able to produce reports and required work related documents as per requirement	<ul style="list-style-type: none"> Explain report writing skills as per requirements 	20 hours		Classroom

Module 9 Title: Manage time

Objective of the Module: To be able to manage time effectively

Duration: 30 hours

Theory: 20 hours

Practice: 10 hours

Learning Unit	Learning Outcome	Learning Elements	Duration (Hours)	Material Required	Learning Place
LU-1 Manage time to complete the assigned work within the stipulated time frame	Able to understand self management and time management skills Able to management time as per the requirement	<ul style="list-style-type: none"> • Explain time management and self management skills 	6 hours	<ul style="list-style-type: none"> • Handouts • Case studies • Role play sheets • Activity sheets 	Classroom
LU-2 Manage work load as required by the management	Able to understand the work load management techniques as per the requirement	<ul style="list-style-type: none"> • Explain work load management techniques 	6 hours		Classroom
LU-3 Prioritize tasks in accordance with the importance of the tasks	Able to prioritize the task i.e. high, medium and low priority tasks.	<ul style="list-style-type: none"> • Explain importance and methods of task prioritization at work place 	6 hours		Classroom
LU-4 Meet the specified deadlines	Able to meet the required and specified deadlines of a task	<ul style="list-style-type: none"> • Explain how to meet the required and specified deadline of a task 	6 hours		Classroom

<p>LU-5 Handle the co-workers using effective time management</p>	<p>Able to handle co-workers by using effective time management techniques</p>	<ul style="list-style-type: none"> • Explain how to handle co-workers with effective time management for better coordination and productivity 	<p>6 hours</p>		<p>Classroom</p>
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Assessment Template

Module 1 Title: Take Order And Prepare For The Job.

Objective of the Module: To get understanding of Job Product

Duration: 90 hours
hours

Theory: 20 hours

Practice: 70

Learning Unit	Theory Days/hours	Workplace Days/hours	Recommended Formative Assessment	Recommended Methodology	Scheduled Dates
M1-LU-1 Adjust Machine according to Job	20 hours	70 hours	Trainee will: <ul style="list-style-type: none"> Explain the importance of stitching Machine adjustment. Stitching method, 	<ul style="list-style-type: none"> Oral Practical/ Demonstration MCQs Written test 	At the end of the module
M1-LU-2 Arrange Material According To Job			Trainee will: <ul style="list-style-type: none"> Explain importance Martial of Job Product. Fabric, Thread, Buttons etc. 		
M1-LU-3 To Get Label and Bar Code According to Job			Trainee will: <ul style="list-style-type: none"> Explain the importance of Label and Bar Code informatio n before Stitching 		
M1-LU-4 Analyze Master Sample in Detail			Trainee will: <ul style="list-style-type: none"> Explain the 		

			importance Of Job Product Mast sample in detail. Work man ship, Sizing, Stitching method.		
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Module 2 Title: Maintain Machine

Objective of the Module: To get understanding the machine Maintenance

Duration: 90 hours

Theory: 20 hours

Practice: 70 hours

Learnin g Unit	Theory Days/hour s	Workplace Days/hour s	Recommended Formative Assessment	Recommended Methodology	Schedule d Dates
M2-LU-1-LU-2 Oil The Machine / Change Machine Oil	20 hours	70 hours	Trainee will: <ul style="list-style-type: none"> Explain the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc 	<ul style="list-style-type: none"> Oral Practical/ Demonstration MCQs Written test 	At the end of the module
M2-LU-3 Cover Machine After Work			Trainee will: <ul style="list-style-type: none"> Explain importance of machine Cover after Work. 		
M2-LU-4 Clean			Trainee will:		

Machine After daily work.			<ul style="list-style-type: none"> Explain the importance of clean working environment and organizing the task for smooth production. 		
M2-LU-5 Power Off Machine after finish Work			<p>Trainee will:</p> <ul style="list-style-type: none"> Explain importance of the safety devices and their usage power off Machine. 		

Module 3 Title: Work On Various Machine

Objective of the Module: To get understanding Stitching Machine Operating

Duration: 90 hours

Theory: 20 hours

Practice: 70 hours

hours

Learning Unit	Theory Days/hours	Workplace Days/hours	Recommended Formative Assessment	Recommended Methodology	Scheduled Dates
M3-LU-1 Work on Lock Stitch Machine	20 hours	70 hours	<p>Trainee will:</p> <ul style="list-style-type: none"> Explain the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc and keeping accessories 	<ul style="list-style-type: none"> Oral Practical/ Demonstration MCQs Written test 	At the end of the module

			and machine parts well in place.		
M3-LU-2 Work on Over Lock Machine			<p>Trainee will:</p> <ul style="list-style-type: none"> • Explain the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc <p>Demonstrate keeping the machine operational by doing general/minor setting of thread tension, as per the manufacturer's threading diagram</p>		
M3-LU-3 Adjust Machine according to article.			<p>Trainee will:</p> <ul style="list-style-type: none"> • Explain different types of thread, threading technique, setting of thread tension, as per the manufacturer's threading diagram. 		

Module 4 Title: Work On Special Machine

Objective of the Module: To get understanding Stitching Machine Operating

Duration: 170 hours
hours

Theory: 30 hours

Practice: 140

Learning Unit	Theory Days/hours	Workplace Days/hours	Recommended Formative Assessment	Recommended Methodology	Scheduled Dates
M4-LU-1 Work On Bar take Machine	30 hours	140 hours	Trainee will: Explain the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc and keeping accessories and machine parts well in place. setting of thread tension, as per the manufacturers threading diagram	<ul style="list-style-type: none"> • Oral • Practical/ Demonstration • MCQs • Written test 	At the end of the module
M4-LU-2 Work on Flat Lock Machine			Trainee will: Explain the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc Demonstrate keeping the machine operational by doing general/minor setting of thread tension, as per the manufacturers threading diagram		
M4-LU-3 Work On Button			Trainee will:		

Take Machine			<p>Explain the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc</p> <p>Demonstrate keeping the machine operational by doing general/minor setting of thread tension, as per the manufacturers threading diagram</p>		
M4-LU-4 Work On Button Hole Machine			<p>Trainee will:</p> <p>Explain the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc</p> <p>Demonstrate keeping the machine operational by doing general/minor setting of thread tension, as per the manufacturers threading diagram</p>		
M4-LU-5 Work On Zig Zag Machine			<p>Trainee will:</p> <p>Explain the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc</p> <p>Demonstrate keeping the machine operational by doing general/minor setting of thread tension, as per the manufacturers</p>		

			threading diagram		
M4-LU-6 Work On Feed of Arm Machine			<p>Trainee will:</p> <p>Explain the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc</p> <p>Demonstrate keeping the machine operational by doing general/minor setting of thread tension, as per the manufacturers threading diagram</p>		
M4-LU-7 Work On Eyelid Machine			<p>Trainee will:</p> <p>Explain the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc</p> <p>Demonstrate keeping the machine operational by doing general/minor setting of thread tension, as per the manufacturers threading diagram</p>		
M4-LU-8 Work On Union Special Machine			<p>Trainee will:</p> <p>Explain the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc</p> <p>Demonstrate keeping the machine operational by</p>		

			doing general/minor setting of thread tension, as per the manufacturers threading diagram		
M4-LU-9 Work On Safety Over Lock Machine			Trainee will: Explain the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc Demonstrate keeping the machine operational by doing general/minor setting of thread tension, as per the manufacturers threading diagram		
M4-LU-10 Work On 2 & 4 Needle Machine			Trainee will: Explain the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc Demonstrate keeping the machine operational by doing general/minor setting of thread tension, as per the manufacturers threading diagram		
M4- LU11/12 APPLY SEALING ON FABRIC / INSERT SEALING TAPE			Trainee will: Explain the importance of keeping the machine operational, general/minor maintenance i.e. oiling, needle replacement etc		

			Demonstrate keeping the machine operational by doing general/minor setting of thread tension, as per the manufacturers threading diagram		
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Module 5 Title: Get the Final Piece Inspected

Objective of the Module: To be able garment Quality inspection

Duration: 80 hours

Theory: 10 hours

Practice: 70 hours

Learning Unit	Theory Days/hours	Workplace Days/hours	Recommended Formative Assessment	Recommended Methodology	Scheduled Dates
M6-LU-1 Identify Fault	10 hours	70 hours	Trainee will: Explain importance garment fault, Size out, poor work man ship, stitching fault etc.	<ul style="list-style-type: none"> • Oral • Practical/ Demonstration • MCQs • Written test 	At the end of the module
M6-LU-2 Correction of Fault			Trainee will: <ul style="list-style-type: none"> • Able to explain fault in detail after correction fault is Major type or minor type. 		
M5-LU-3 Submit Corrected Piece			Trainee will: <ul style="list-style-type: none"> • Explain the quality issue for good working. 		
M5-LU-4 Cross Check The			Trainee will: Able the importance garment		

completion of the article			fault, Size out, poor workmanship, stitching fault and other quality issue etc.		
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Module 6 Title: Adopt Safety Precautions

Objective of the Module: To be able to adopt occupational health and safety practices

Duration: 80 hours

Theory: 10 hours

Practice: 70 hours

Learning Unit	Theory Days/hours	Workplace Days/hours	Recommended Formative Assessment	Recommended Methodology	Scheduled Dates
M6-LU-1 Apply Personal Safety	10 hours	70 hours	Trainee will: Explain importance of the safety devices and their usage while working . Explain the importance of clean working environment and organizing the task for smooth production	<ul style="list-style-type: none"> • Oral • Practical/ Demonstration • MCQs • Written test 	At the end of the module
M6-LU-2 Apply Workplace Safety			Trainee will: <ul style="list-style-type: none"> • Explain and demonstrate workplace health, safety requirement 		
M6-LU-3 Apply Safety Tools & Equipment			Trainee will: <ul style="list-style-type: none"> • Explain the importance SAFETY Tools /Equipment of clean working environment and organizing the task for smooth production. • Demonstrate cleaning and organizing the 		

			work environment to avoid any hazardous incident		
M6-LU-3 Avoid Smoking in stitching hall			Trainee will: <ul style="list-style-type: none"> • Explain the importance Safety environment and • any Safety hazardous incident 		

Module 7 Title: Develop professionalism

Objective of the Module: To be able to adopt professional approach while working in a factory

Duration: 90 hours

Theory: 20 hours

Practice: 70 hours

Learning Unit	Theory Days/hours	Workplace Days/hours	Recommended Formative Assessment	Recommended Methodology	Schedule Dates
M7-LU-1 Maintain Good working Environment	20 hours	70 hours	Trainee will: Explain importance of the safety devices and their usage while working. Explain the importance of clean working environment and organizing the task for smooth production	<ul style="list-style-type: none"> • Oral • Practical/ Demonstration • MCQs • Written test 	At the end of the module
M7-LU-2 Be Punctual			Trainee will: Explain importance Punctuality adopts on working timing.		
M7-LU-2					

Be Well Groomed			Trainee will: <ul style="list-style-type: none"> • Explain importance and advantages of getting technical and professional trainings • Explain how to take guidance from experts/seniors 		
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Module 8 Title: Communicate with co-workers

Objective of the Module: To be able to communicate with co-workers effectively

Duration: 80 hours

Theory: 10 hours

Practice: 70 hours

Learning Unit	Theory Days/hours	Workplace Days/hours	Recommended Formative Assessment	Recommended Methodology	Scheduled Dates
M8-LU-1,2 Communicate with co-workers	10 hours	70 hours	Trainee will: Able to Explain importance measurement point with size chart.	<ul style="list-style-type: none"> • Oral • Practical/ Demonstration • MCQs • Written test 	At the end of the module
M8-LU-3 Communicate with Merchandise			Trainee will: <ul style="list-style-type: none"> • Explain and understand garment fabric and workmanship also size etc. 		
M8-LU-4 Communicate with Production			Trainee will: <ul style="list-style-type: none"> • Explain the other workers any quality 		

In-charge			issue.		
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Module 9 Title: Manage Time

Objective of the Module: To be able to manage time effectively

Duration: 30 hours

Theory: 20 hours

Practice: 10

hours

Learning Unit	Theory Days/hours	Workplace Days/hours	Recommended Formative Assessment	Recommended Methodology	Schedule Dates
M13-LU-1 Manage time to complete the assigned work within the stipulated time frame	20 hours	10 hours	Trainee will: Explain time management and self management skills	<ul style="list-style-type: none"> • Oral • Practical/ Demonstration • MCQs • Written test 	At the end of the module
M13-LU-2 Manage work load as required by the management			Trainee will: Explain work load management techniques		
M13-LU-3 Prioritize tasks in accordance with the importance of the tasks			Trainee will: Explain importance and methods of task prioritization at work place		
M13-LU-4 Meet the specified deadlines			Trainee will: Explain how to meet the required and specified deadline of a task		
M13-LU-5 Handle the co-workers using effective time management			Trainee will: <ul style="list-style-type: none"> • Explain how to handle co-workers with effective time 		

			managem ent for better coordinati on and productivi ty		
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List of Machinery/Equipment/Tools

(For a Class of 25 Students)

NAME OF TRADE	Stitching Machine Operator
Duration of Course	6 Months

Sr.No	Nomenclature of Equipment/Tools	Quantity
1	Single needle lock Stitch Machine	25
2	Over lock machine	5
3	Flat lock machine	5
4	Feed-of-the-arm-machine	5
5	Bar tack machine	5
6	Concise machine	5
7	Button hole machine	5
8	Button attaching machine	5
9	Folder – different machines	25
10	Screw driver (set)	20
11	Tweezers	25
12	L-key	20
14	Scissor	15

List of Consumable Materials

(For a Class of 25 Students)

Sr.No	Name of Material/Items		
1	Knit fabric		
2	Thread different types		
3	Needles different types of machines		
4	Sewing paper for exercises		
5	Buttons (2,4 holes)		
6	Sewing machine oil		
7	Cotton Fabric		
8	Board marker		
9	Duster		
10	First aid box		
11	Tailoring chalk		
12	Detergent		
13	Kerosene oil		
14	Cleaning brush		
15	Petrol		
16	Machine Oil		

Reference Material

- Stitching Machine Operator Manual
- Handouts for Occupational Health and Safety Standards, Communication Skill, Team work, professionalism and time management.